

Make Up Task - Workshop 1

Global Challenges & Sustainable Futures

CEMUS | Centre for Environment and Development Studies | Autumn 2015

If you were absent on the first workshop (Sept. 15th), you will have to complete the following make-up task. Attendance and active participation during the sessions named “Seminars” and “Workshops” are mandatory and part of the overall examination of the course. Therefore, this make-up task must be completed in order to meet all the requirements to pass the course.

Workshop 1 included, among other things:

1. Discussion on the “Q&A a day” reflections from the last weeks.
2. A presentation of each other “Project Plan” for the 30 Days Challenge.

If you missed it, the following extra task is given to you, which must be completed by the latest, **24th of September** and submitted through **Studentportalen** in the specific Hand-In area.

The task has two parts:

- 1) Send us a document (Word or PDF) with inserted pictures/scan/transcript of your “Q&A a day”.
- 2) Pick 3 of the days listed below inspired by the “Q&A-a-day,” and *further elaborate* your answers, using literature related to the topic to support your discussion. You are of course welcome to use the Course Literature, or any other sources of your choice.

For each question, include at least 2 references from relevant sources. The paper should be **approximately 800 words** and minimum of **6 references in total (Maximum 1000 words)**. Use Harvard System Referencing.

Day 1

*How would you explain “sustainability” to a 10-year-old?
How about social sustainability and economic sustainability, and not just environmental sustainability?*

Reflect about the definition of *sustainability* and discuss the concept.

Day 2

*What have you done that is “sustainable” recently?
Something “positive” you did to the environment?*

Reflect about your own behaviour and attitude towards sustainability.

Day 3

*Illustrate one meal you ate today.
Where did each ingredient come from? How far did it travel?
Is it in season? What is the water footprint of this meal?
(<http://waterfootprint.org/en/water-footprint/>)*

Reflect about the impact of food consumption and agricultural practices in the global perspective and in your personal life and how both are interconnected.



Day 4

*Draw the last clothing piece you bought.
Where did it come from? What is it made of? Who made it?*

Reflect about the impact of fashion, and clothes consumption in society and the environment. How does your personal actions connect with the bigger scale?

Day 5

Write your means of transportation and approximate distance (km) you have traveled during the year 2015.

Reflect about the impact of transportation. How does your personal actions connect with the global situation?

Day 6

*What is your ecological footprint?
Calculate at: <http://www.earthday.org/footprint-calculator> or
http://wwf.panda.org/how_you_can_help/live_green/footprint_calculator/
Is it big? Compared to your national average? ...to the Swedish average? What is the biggest factor?
http://wwf.panda.org/about_our_earth/all_publications/living_planet_report/ecological_footprint//*

Compare your ecological footprint with the average of different countries. Reflect about your life and habits, and how they are impacting your ecological footprint. Try putting in different data and see how it changes the final outcome.

Day 7

*How do you imagine a 'sustainable' life? ...and a 'good' life?
What would you feel restricting? What would you feel excited about?*

Discuss how these notions could be perceived by different people, in comparison to your position in this.

Day 9

You are the president (or prime minister) of the day. Make 1 law to make your citizens have a more sustainable life. Describe the law and what impact that could have. How would the citizens react?

Reflect and discuss how feasible your law would be to implement in your country, in relation to the potential positive and negative impacts.