



# CEMUS



## Sustainable Development – Project Management and Communication (1MV074)

Course Information

15 hp Spring 2018





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Do you want to contribute to sustainability and take part in the transition to sustainability?

This course gives you the opportunity and the tools to do just that. Taking the *Sustainable Development – Project Management and Communication* course means planning and managing a project aiming to create and implement change in accordance with the concept of sustainable development.

Welcome to Sustainable Development - Project Management and Communication (1MV074) at CEMUS, Uppsala University! With this course we take a journey into understanding the principles at the heart of sustainable development, using different project management and communication tools. At the heart of this course is a group project of your choosing. Your project should combine theoretical, practical, critical and creative skills with method knowledge – all of which are practiced throughout the course. The project is an opportunity to follow a passion, a dream or even a crazy idea!

We at CEMUS, the Centre for Environment and Development Studies, welcome you to a creative and challenging educational environment that deals with some of the most pressing issues of our times. We hope that you will find your time here exciting, productive and inspiring. With over twenty years of experience of creating and facilitating education for sustainable development, and with the broad competence of Uppsala's two universities, our aim is to offer you the knowledge, skills and tools that are needed to obtain a world that is desirable, fair and sustainable.

Welcome to the course!

Katie and Isabel  
Course Coordinators



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## 1. INFORMATION FLOW

The main communication tool for this course will be Studentportalen.

<https://studentportalen.uu.se>

Here amongst other things you will find the

- Message Board
- Course Essentials (including the schedule and grading criteria)
- Literature (including the online Course Reader!)
- Lecture Sides
- Assignment Instructions and submission.

We will be posting course updates on this portal. This means that you need to visit the website regularly to check for **messages, assignments, literature** and **changes in the schedule**. If you have missed a class you should visit the webpage to make sure you have not missed any important information.

The other main point of information for this course will be the course website.

<http://www.web.cemus.se/sdpmc/>

Here you can find essential information about the course and use it if you don't yet have access to Studentportalen.

You will need an account for Studentportalen, so please arrange an account as soon as possible! You can find out how you get your account and other information on [uu.se/en/students](http://uu.se/en/students).

Please note, to access some of the literature on the course website, you must be simultaneously logged into Studentportalen when accessing the website.

We will create a Facebook group for course participants to share events and communicate. Students in the course usually take over the administration of the group in the first week. It is not an 'official' part of the course - all official messages and information will be posted on the course website.



## 2. LEARNING OUTCOMES

On completion of the course, a student should be able to:

- Thoroughly describe a delimited part of the sustainability challenge;
- Plan, carry out and present a project work that applies theoretical knowledge and contributes to a sustainable development;
- Demonstrate good ability to work independently;
- Account for and evaluate the practical problems that can arise when working with projects;
- Account for and critically relate to the practical and ethical dilemmas that can arise when working for a sustainable development.

## 3. COURSE OVERVIEW

This course builds upon the engagement, drive and participation of students. Your independent work with your projects is the backbone of the course. To help and support students, the course offers you interactive workshops, seminars and lectures, where we will take a closer look at the concept of sustainable development, project management and communication. In general class sessions will be held during Monday, Tuesday and Wednesday mornings, with some exceptions **(check the schedule on studentportalen regularly for specific times as well as changes)**.

Working in and with projects almost always contains elements of cooperation and collaboration. Teamwork is a key ingredient in project work and therefore we want you to form groups of 3-4 students to work on your project.

The course guides you through concepts such as Sustainable Development, Social Entrepreneurship, Team Dynamics, Strategies for Change, and Project Management, all the while engaging with different modes of communication. During the first month of the course you will choose a project idea to work with during the course and form project groups. You will submit an initial Project Proposal from which your idea will be developed and enhanced during the following weeks.



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In early to mid March, your group will present a Project Pitch and hand in a Project Plan, where you define the project goals and plan the project to maximise the possibility of reaching those goals within the scope of the semester. As your project begins to be implemented, the scheduled class time is reduced, but you will meet your fellow classmates and the course coordinators during progress meetings and seminars. The course will be concluded with a Project Film where each film will be presented at the Sustainability Festival in May.

**The course is scheduled to run between 15th January and 25th May, with final course submissions due on the 27th May.**

## 4. PROJECT OVERVIEW

At the heart of this course is a group project! This project can be about anything of you choosing, bounded only by the following guidelines.

- The project should be linked to sustainable development in some way, applying your theoretical and practical knowledge
- Project groups must consist of 3-4 people. Whilst we will guide the group project formation, you will choose these groups yourself.
- The project will be planned and implemented over the course of the Spring semester so consider this in your ambition and time management
- The project doesn't have to be bound to Uppsala but this might simplify engaging stakeholders and understanding the context of your project
- The project doesn't have to reinvent the wheel but should have a clear set of goals/indicators that indicate the project has its own identity compared to existing projects
- The projects will not receive any funding from CEMUS

We really encourage you to

- Choose something you are **passionate** about, so you are motivated to work hard and have fun over the semester!
- Be open to meeting and learning from a variety of new people that have different backgrounds and skills but share common passions - you will be working together for some time.
- Be **ambitious** with this project. This is an opportunity to take a step out of traditional education, aim high and take a chance. A project not 'succeeding' in the traditional sense does NOT equate to failing this course! Build something, bake something, grow something, paint something, sing something - the sky's the limit!



The project has a number of submittable components to mark progress along the way, known as the Project Pack. You will read about these below.

Examples of previous projects undertaken in this course can be found at:

<http://projektbloggen.cemusstudent.se/>

## 5. COURSE REQUIREMENTS

In order to pass the course you need to fulfill the following requirements:

- Overall attendance and active participation in at least 75% of classes (this count excludes those classes marked as mandatory (M))
- 100% attendance in classes marked as mandatory (M)
- Three individual assignments
- Complete the group Project Pack including
  - Project Proposal
  - Project Pitch
  - Project Plan
  - Project Short Film
  - Project Film Screen at the Sustainability Festival

If these requirements are not sufficiently met, a make-up/supplement task may be issued.

The course is graded - **Fail, 3, 4, 5**

Individual **Assignment 3** will be used to give you a grade for this course. However, all course requirements are required to be met in order to pass the course.

### Individual Assignments

There are three individual assignments that relate to the literature and lectures. Specific assignment instructions will be posted on Studentportalen. The assignments are themed around sustainable development/systems thinking, project ethics and project success respectively.

### Project Pack

The main part of the examination is the Project Pack, documenting the progress of your project! This has five different components, created and submitted in groups. The five components include:



- Project Proposal

The Project Proposal describes the idea's background, its stakeholders and environment. It justifies why your idea is important, and overviews how the project should be executed, and what results can be gained.

- Project Pitch

The aim of the Project Pitch is to practice pitching to a panel and audience. By learning to present your ideas in a concise form, you will focus your project and gain feedback to improve it ahead of submitting the Project Plan.

- Project Plan

The Project Plan is the strategic plan for how you will organise and 'realise' the project. By reading the Project Plan, a person outside the project should get a clear image of what you will deliver in your project and how you have planned to do this. The key is to be very clear, specific and concise. This plan will help you operationalise your project using project tools.

- Project Short Film

The aim of the Project Short Film is to communicate your project to a wider audience

- Project Film Screening

Your project film will be presented at the end of the semester at the Uppsala Sustainability Festival

More information will be given about the nature of these components as the semesters continues.

## 6. COURSE FORMAT

The course will be a mix of the following classes:

### Lectures

Lectures are important parts of the learning process where specially invited guest lecturers will focus on different aspects of sustainable development, communication, project management, and team dynamics. These lectures will give you tools and broader perspectives before and during the implementation phase of the group project. Preparatory reading will help develop your understanding of the material discussed in lectures.



## Seminars and Workshops

The seminars and workshops require your active participation. Some of these are **mandatory** and if so will be marked with an **(M)**. Some will have preparatory reading and/or preparatory tasks can be found on Studentportalen and it is essential you complete these before the session, in order to gain the most from the experience.

## Literature Labs

Phase II of the course marks the Preparation Phase, where you have just formed project groups. Each week, from 09.15-10 on Mondays (prior to the lecture starting at 10.15), your project group will be responsible for summarizing 1-2 chapters of the coursebook **The Handbook of Sustainability Literacy: Skills for a changing world**, and sharing it with other groups. The chapters will be assigned ahead of time, so make sure you come to class prepared. These Literature Labs are **mandatory**, require your active participation and will run for 5 weeks, over the following dates:

- 13/2
- 19/2
- 26/2
- 5/3
- 12/3

More information about the literature labs will be given soon.

## Excursion

There is currently one planned excursion for this course:

- Silent Walk (OPEN)

### **Tuesday 8th May 10 -12**

The silent walk is a journey through Uppsala of a special kind! Be sure to dress for the weather! This excursion will help provide inspiration for the first assignment of the course. Meet in the Geocentrum Foyer, we will depart Geocentrum at 10.15 sharp, so be on time.



Students are also encouraged to self organise excursions related to their projects or interests around Uppsala and Stockholm. In the past semesters students have arranged visits to:

- Biogasanläggning, Uppsala Vatten BioGas Plant
- Ramsjögård, a local organic farm
- Local schools

Let us know if you would like any advice or contacts for arranging such a trip!

## Progress Meetings

Held during the delivery phase of your projects, these sessions are an opportunity to give and receive feedback, share examples of best practice and crowdsource ideas/troubleshooting.

## 7. COURSE LITERATURE

During the course you will read four books and articles from a course reader, as well as project specific material that you gather yourselves. In the course reader there is a guide for the reading of books and articles. Make sure to come prepared to all lectures, workshops and seminars. The literature will also be available to read in the CEMUS library. Literature can be bought at Studentbokhandeln (Syslomansgatan 7), or online at adlibris.se, bokus.se, lycknis.se etc.

### Course Books

- Holmes et al. (2011), **The Common Cause Handbook**, PIRC (Part of the course reader)
- Lilliesköld and Eriksson (2009), **Handbook for Small Projects, Liber**
- Stibbe, A (2009), **The Handbook of Sustainability Literacy: Skills for a changing world**, Green Books
- Chouinard, Yvon (2006), **Let My People Go Surfing: The Education of a Reluctant Businessman**, Penguin Books
- Gladwell, Malcolm (2011), **Outliers: The Story of Success**, Little, Brown and Company

**Note:** Let My People Go Surfing and Outliers will be used for the Individual Assignment 3. Students will pick one out of the two choices.

### Course Reader

The course reader will be digital and available at Studentportalen and the Course Website.



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<https://studentportalen.uu.se>

<http://www.web.cemus.se/sdpmccoursereader/>

The course reader will be updated as the semester continues.

Please note, to access some of the literature on the course website, you must be simultaneously logged into Studentportalen when accessing the website.

## Project specific material

Besides the above literature you and your project group will need to find project specific academic material (books, articles and the like) that relates to your project in order to go in depth and gain further knowledge on different aspects of your work.

## 8. COURSE EVALUATION

A vital part of the CEMUS student led process is the evaluation we receive from our students- This helps create a dynamic education for everyone, and helps improve the course in the current and future semesters.

At the end of each class a link will be shared where students can anonymously write feedback about a class. This quick survey will only take 1-2 minutes. We will also hold a more detailed evaluation at the end of the semester.

We welcome suggestions and feedback for the course to make it the best experience possible!

## 9. COURSE TEAM

**Katie Markcrow (Course Coordinator)** grew up on the north coast of NSW, Australia and studied Wildlife Biology, and has recently completed the Master's Programme in Sustainable Development at UU. Fun fact: She really likes mushrooms.

**Isabel Baudish (Course Coordinator)** grew up in Sydney, Australia and studied a combined Bachelor of Renewable Energy Engineering and Development Studies. After an exchange in Uppsala she decided to return for her masters, studying Entrepreneurship at UU.

**Malin Östman (Course Resource Person)** will be supporting the course by managing administration and examinations.



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If you have questions, please contact us through email at [katelin.markcrow@cemus.uu.se](mailto:katelin.markcrow@cemus.uu.se), [isabel.baudish@cemus.uu.se](mailto:isabel.baudish@cemus.uu.se) or [malin.ostman@cemus.uu.se](mailto:malin.ostman@cemus.uu.se)

Alternatively visit us at CEMUS located in Geocentrum (Villavägen 16, Uppsala). You can also find our contact details and other information about CEMUS at: <http://www.web.cemus.se/>

## 10. CEMUS

### About CEMUS

CEMUS' aim is to advance and inspire education and knowledge within the field of environment and development studies, as well as other boundary-transcending issues connected to sustainable development. CEMUS began as an initiative by students in the early 90's and CEMUS courses are, in large part, still run by students today. In January 2007, CEMUS joined the Uppsala Center for Sustainable Development (CSD Uppsala) in conjunction with Uppsala University and SLU, the Swedish University for Agricultural Sciences. The courses at CEMUS are built in collaboration between students, course coordinators, teachers, researchers, university administrators and societal actors.

CONTACT: Isak Stoddard // [isak.stoddard@csduppsala.uu.se](mailto:isak.stoddard@csduppsala.uu.se)

WEB: [www.cemus.uu.se](http://www.cemus.uu.se)

COURSE PORTAL: [www.cemusstudent.se](http://www.cemusstudent.se)

FACEBOOK: <http://www.facebook.com/cemuscsduppsala>

TWITTER: <http://twitter.com/CEMUSCSDUPPSALA>

NEWSLETTER: Sign up at [www.cemus.uu.se/cemusnewsletter.html](http://www.cemus.uu.se/cemusnewsletter.html)

### CEMUS Education

The education at CEMUS focuses on a comprehensive understanding of the challenges of sustainable development. This demands innovative teaching methods and an interdisciplinary approach. Since its inception, CEMUS courses have been run by students with the continual support of work groups and educational staff, whose members include professors and researchers from both Uppsala University and SLU (Swedish University of Agricultural Science).



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CEMUS' primary point of departure and approach is based on what has become known as Education for Sustainable Development (ESD). Through democratic, realistic and extensive work modes, this teaching method strives to motivate students to heighten their critical thinking skills, as well as encourage responsibility and engagement in the issues of sustainable development.

The courses at CEMUS also function as a complement to the universities' specialised and disciplinary education. CEMUS is constantly widening its scope to address the most current debates in our society, as well as requests from students. Around 600 students per year take part in one or more of the many different courses offered at CEMUS.

CONTACT: Daniel Mossberg // [daniel.mossberg@csduppsala.uu.se](mailto:daniel.mossberg@csduppsala.uu.se)

## CEMUS Upcoming Events

Some upcoming events include:

- **15th January, 18:15 - 20.00** - CEMUS Spring Startup Lecture with the Director of CEMUS, Anneli Ekblom: 'Remember how to organise' - a reflection in times of turmoil', in **Hambergsalen**, Geocentrum
- **7-9th May** - *ClimateExistence Conference 2018* At Sigtuna Foundation, Sigtuna. More information here:  
<http://www.web.cemus.se/may-7-9-welcome-to-climateexistence-2018-in-sigtuna/>

## CEMUS Courses

This Spring CEMUS is offering the following courses:

- Hållbar utveckling B, 30 hp
- Actors and Strategies for Change – Towards Global Sustainabilities, 7.5 credits
- Sustainable Development - Project Management and Communication, 15 hp
- Hållbar utveckling – värderingar, världsbilder och visioner, 15 hp
- Sustainable Design – Ecology, Culture and Human Built Worlds, 7.5 credits
- Climate Change Leadership – Power, Politics and Culture, 15 credits
- Teknik, makt och mänsklighetens framtid, 7.5 hp
- Livsfilosofi och det moderna samhället, 7.5 hp
- Sustainable Development – Worldviews and Discourses– A Seminar Series, 5 credits

CONTACT: Study Counsellor // [susdev@geo.uu.se](mailto:susdev@geo.uu.se)



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## CEMUS Forum

The scope of the CEMUS model is not limited to the classroom setting. CEMUS Forum organizes open lectures, conferences and festivals on education for sustainable development, film showings, discussions, workshops and a variety of other events. Much of this work is done in collaboration with students, in the envisioning, planning and delivery stages. These events are intended to attract not only current university staff and students, but also alumni, government officials, interested individuals and organizations. The aim of this work is to extend the educational core of the center by bridging the gaps between the theoretical and the practical, the young and the old and the academic and non-academic worlds, as well as to create a meeting place for people interested in interdisciplinary education and sustainable solutions.

At the beginning of every semester, CEMUS Forum hosts a **Project Café**. This is a great way to get involved with current projects at CEMUS and share new ideas and projects you would like to make happen.

The schedule for the project cafe for this semester will be uploaded to the cemus webpage:

<http://www.web.cemus.se>

CEMUS Library/Lounge, Villavägen 16, Geocentrum

CONTACT: Sachiko Ishinara // [sachiko.ishihara@csduppsala.uu.se](mailto:sachiko.ishihara@csduppsala.uu.se)

## CEMUS Research Forum

Cemus Research Forum (CEFO) is an interdisciplinary research school for PhD students that focus on broad environment and development-related issues. As a PhD student associated to Cefo you aim to participate actively in CEFO's research seminars (about 5 seminars per term) and propose activities according to your own research interest. The courses and the seminars are also open for those doctoral students that are not associated to CEFO.

CONTACT: TBA

## Student Life at CEMUS



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In parallel to courses, CEMUS students have the opportunity to realize their visions for a more sustainable culture, and expand and apply their learning. CEMUS hosts a number of different student groups and extra curricular projects related to sustainability, working across a broad range of projects - these include but are not limited to Fossil Free Uppsala University (divestment), Uppsala University Climate Change Platform, Ekolibria (high school outreach), STEPS Hub (applied sustainability workshop) and Flood Magazine (Student Editorial). To learn more about these projects, start your own and/or connect with others it is recommended to attend the Project Cafe on the **25th January 13-15 in the CEMUS Library**.

## 11. PRACTICAL INFORMATION

CEMUS is open between 9:00am and 15:30pm, Mondays to Fridays. If you want to study in the library outside these hours or during weekends, you need a **key card**. The key card also gives access to the main Geocentrum entrance, which is locked after 17.00 and before 08.00. To get a key card, you first need to be registered to a course.

As a **new student** you need to have a current course registration to obtain a campus card. You also need to activate your user account beforehand, to be able to receive the email containing campus card instructions.

Information on how to activate your user account can be found at <https://konto.weblogin.uu.se/index.html>. The instruction message is usually sent out 24 hours after the activation, but sometimes it can be a delayed a further day. Instructions on how to obtain your campus card will be sent to the e-mail address registered to you in the student database. Once you have ordered the card according to the instructions, you will be notified via e-mail when your card is available for pickup at your campus reception desk. When you collect the campus card you will need to show an approved identification (driver's licence, passport etc).

### **CEMUS Library/Lab/Lounge**

In the CEMUS Library/Lab/Lounge you will find literature related to environment and development issues, magazines, journals and other publications, such as master and doctoral theses. You can also have a cup of coffee from library self-service 'cafe', slouch in the sofas and read the course literature. **The library is a shared space for staff, coordinators and students – please respect the guidelines posted in the library to ensure a pleasant work and study environment for all.** It is possible to book the library for CEMUS-related activities; however, educational activities such as seminars have precedence. All the course literature for CEMUS courses is available there, including



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several shelves of reference books. These may **only be read inside the library**, and are not to be taken home.

## **Geocentrum library**

The Geocentrum Library is located down the hall from CEMUS. Copies of the CEMUS course literature are available for borrowing there. You can also go there to borrow books from the CEMUS library (only the ones that are marked with the Geo-library system).

## **The Language Workshop (Språkverkstaden) at Uppsala University**

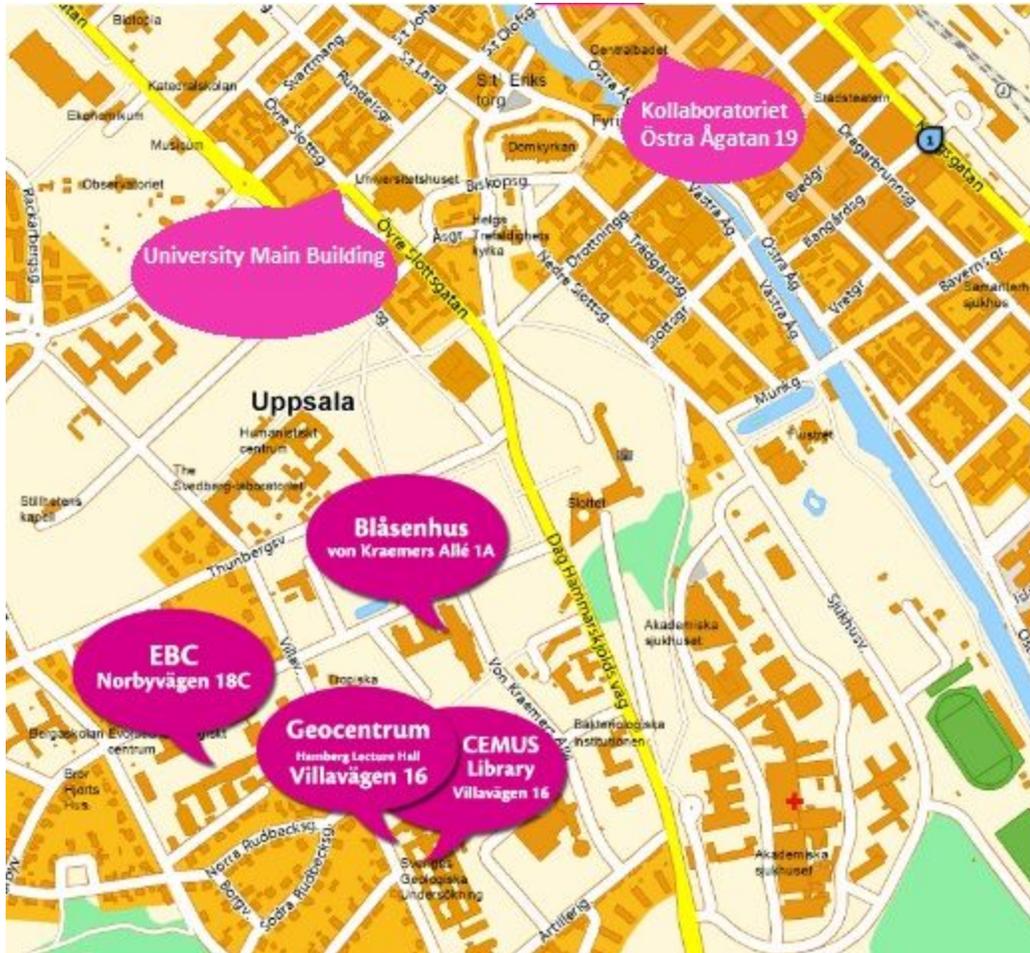
The Language Workshop offers consultations about written and oral presentations on an individual basis in both Swedish and English. It is free of charge and available to all students on the undergraduate and master's levels. We strongly encourage you to get in touch with the Language Workshop if you are struggling with a paper or want to improve your written English.

[www.sprakverkstaden.uu.se](http://www.sprakverkstaden.uu.se)

## **Important Locations**

Here are the most commonly used lecture halls and rooms:

- **Blåsenhus**  
House 12, 13 and 14. For example Blåsenhus 12:010 means House 12, Floor 0, Room 10.
- **Geocentrum, Villavägen 16**  
Skåne (Seminar: Individual Assignment 1)  
CEMUS library (Progression meetings)
- **EBC (Evolutionsbiologiskt Centrum)**  
White building on the corner of Villavägen/Norbyvägen between Geocentrum and Engelska Parken
- **Kollaboratoriet**  
Located at Östra Ågatan 19, across from the Fyris River and next to Gamla Torget



We look forward to an exciting semester!  
// Katie, Isabel & Malin