

## Further readings on degrowth

The Global Economy, November 2018

Here some links for those of interested in reading more about degrowth. If you have any questions or want further readings, feel free to contact me at: [tparrique@gmail.com](mailto:tparrique@gmail.com).

### Online videos:

[Growth or Life?](#) (2018, postgrowth institute)

[Sortir de la crise écologique par la décroissance ?](#) (2018, Rad Canada)

[Our addiction to economic growth is killing us](#) (2017, Jason Hickel)

[Why growth and the environment can't co-exist](#) (2015, Sam Bliss)

[Memories of Life After Growth](#) (2018, Tim Parrique)

### Introduction to degrowth:

Giorgos Kallis 2018. *Degrowth*

Tim Jackson 2017. *Prosperity Without Growth*

Serge Latouche 2010. *Farewell to Growth*

D'Alissa et al. 2013. *The Degrowth Vocabulary*

Wayne Ellwood 2014. *The No-Nonsense Guide to Degrowth and Sustainability*

Niko Paech 2012. *Liberation from excess : The road to a post-growth economy*

**A wonderful film, which I think captures perfectly the May 1968 spirit of degrowth:** available here with English subtitles,

[L'an 01](#) (1973), Jacques Doillon

### And other documentaries:

[Life After Growth. Economics for Everyone](#) (2009)

[In Transition 1.0](#) (2011), Emma Goude.

[In Transition 2.0](#) (2012), Emma Goude.

[Sacrée Croissance !](#) (2014), Marie-Monique Robin

[L'urgence de ralentir](#) (2014), Philippe Borel

[Minimalism : A Documentary About the Important Things](#) (2015), Matt D'Avella

[A Simpler Way : Crisis as Opportunity](#) (2016), Jordan Osmond & Samuel Alexander

[Decrecimiento : del mito de la abundancia a la simplicidad voluntaria](#) (2017), Luis y Manuel Picazo Casariego